



A frequently asked question from new mentors (and even experienced ones) is “What should we do together?” Especially in school-based programs many mentors struggle to come up with ideas and activities. The PAL Program of Rogers County Volunteers for Youth offers another tool for just this purpose. Called the “Yo Yo Journal”, this spiral-bound (steno style) journal offers a year’s worth of journal entry topics. Designed to be traded back and forth between mentor and mentee, the journal “flips” to provide space for both the mentor and mentee to write their thoughts about the same topic. This remarkable resource will add new life to existing relationships and help new ones off to a great start. The mentee will have a “safe” way to express their thoughts and feelings while learning valuable writing skills. The mentor will love having a tool that helps them build the friendship.

Purchase this great new resource for your mentors today!

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